

# Session Planning

## What You Do

## What You Need



### Invite, 15 minutes

- Page 39
- **For God So Loved the World** (John 3:16–17), Reflect prayerfully on God's Word.
  - ▶ Show Opening Video 4.

📺 video on [sacraments.osv.com](https://www.sacraments.osv.com)

- Page 40
- **Activity** Draw and write about a special occasion or a celebration.
  - Discuss what makes something a gift.

pencils or pens



### Discover, 40 minutes

- Page 41
- **Catholic Signs & Symbols** Introduce the altar and connect it to Jesus' sacrifice on the Cross.
  - **Meet Jesus** Introduce the Lamb of God, Jesus' perfect offering of himself for us.

- Pages 42–43
- Talk about what a sacrifice means, and the role of early priests.
  - **Vows and Blessings** (Numbers 6:13–16, 22–26), Proclaim the scripture passage.
  - Discuss what the Israelites offered God for his blessings.
  - Talk about Jesus' role as priest and sacrifice.
  - **Activity** Write about things people have sacrificed.
  - **Entering the Mystery** Discuss how the Church remembers Jesus' sacrifice at every Mass, and how the Paschal Mystery is celebrated throughout the Church year.

figurine of a lamb  
 basket with flat bread  
 stalks of wheat or photos of wheat  
 grape juice  
 pencils or pens  
 sticky notes  
 poster board  
 paper cross

- Pages 44–45
- Talk about the gifts presented to the priest at Mass.
  - Discuss the role of the priest and how he acts *in persona Christi*.
  - Explain the five main parts of the Liturgy of the Eucharist.
  - **Activity** Complete the sentences by filling in the responses to the priest that are spoken during Mass.
  - Discuss the *Sanctus* prayer and the meaning of *Hosts* in the context of the prayer.

strips of paper  
 pencils or pens  
 board or chart paper

- Page 46
- Recall that Jesus is called the Lamb of God.
  - Discuss the *Lamb of God* prayer and its significance as part of the Mass.
  - **Activity** Remember Jesus' sacrifice by drawing a lamb.

pencils or pens  
 crayons or markers



### Live, 15 minutes

- Pages 47–48
- Talk about what makes our time at Mass so special.
  - Recall the definition of sacrifice.
  - **Activity** Act out or tell about daily sacrifices; then record examples.
  - 👨👩👧👦 Point out the **My Family in Our Parish** activities for the upcoming week.
  - Conclude with the closing prayer and ritual.

pencils or pens  
 Bible  
 cross  
 candle  
👨👩👧👦 copies of Session 4 **Family + Faith Pages**

**Catholic Faith Words** altar • Paschal Mystery • Liturgy of the Eucharist