

Session Planning

What You Do

What You Need



Invite, 15 minutes

- Page 59
- **The Light of the World** (Matthew 5:14–16), Reflect prayerfully on God's Word.
 - ▶ Show Opening Video 6.

video on [sacraments.osv.com](https://www.sacraments.osv.com)

- Page 60
- Discuss special interests and passions people share with others.
 - **Activity** List or draw favorite things to do.

pencils or pens



Discover, 40 minutes

- Page 61
- **Catholic Signs & Symbols** Present the Paschal Candle as a sign for us that Jesus is the Light of the World.
 - **Meet Jesus** Introduce Jesus as the Light of the World, who guides us and saves us from the darkness of sin.

baptismal candle

- Pages 62–63
- Discuss the disciples on the Road to Emmaus.
 - **The Appearance on the Road to Emmaus** (Luke 24:13–19, 25–33, 35), Proclaim the Scripture.
 - Talk about ways we communicate with others.
 - **Activity** Write names of people to share God's Good News with.
 - **Entering the Mystery** Discuss the Concluding Rites and what we say and do after Communion.

pencils or pens

- Pages 64–65
- Talk about similarities between the Introductory Rites and the Concluding Rites.
 - Discuss what the Concluding Rites at Mass prepare us for.
 - **Activity** Identify how different dismissal prayers are similar.
 - Talk about how we take Jesus with us when we leave Mass.

pencils or pens
 board or chart paper
 words for *Mass* in several languages

- Page 66
- Discuss how we can be Christ's hands, feet, and eyes.
 - Explain Eucharistic Adoration and how the Blessed Sacrament is reserved in the Tabernacle.
 - Explain that the Eucharist is also taken from the Tabernacle to be shared with those who cannot attend Mass.
 - **Activity** Trace the hands and feet of everyone in a group to show how we make up the Body of Christ.

pencils or pens
 crayons or markers
 large sheet or sheets of chart paper



Live, 15 minutes

- Pages 67–68
- Talk about why we participate in the Mass and how we can share Christ with everyone.
 - **Activity** Draw yourself on the day of your First Communion.
 - 👨👩👧👦 Point out the **My Family in Our Parish** activities for the upcoming week.
 - Conclude with the closing prayer and ritual.

pencils or pens
 tablecloth, Bible, candle, and necklaces or pin buttons
 copies of Session 6 **Family + Faith Pages**

Catholic Faith Words Paschal Candle • Concluding Rites • *ite missa est* • Tabernacle