

## **Packing for the Journey of Faith**

**Supplies needed:** Small to medium suitcase and a set of body part signs, pencils, blank half sheets of paper

**Objective:** 1) To help the students understand the concept of the faith journey. 2) To help students understand what the expectations are for the journey ahead

**Place the suitcase as a center piece in front of the room**

**Say:** Today we begin a journey together. Let's discuss what one needs for a journey. If you were going on a trip to the beach, what would you pack in the suitcase?

**Gather the various responses from the children.**

**Say:** Well today we are beginning a new journey this one has a very special destination, right to the heart of Jesus! You have been invited on this journey. Who do you think has invited you?

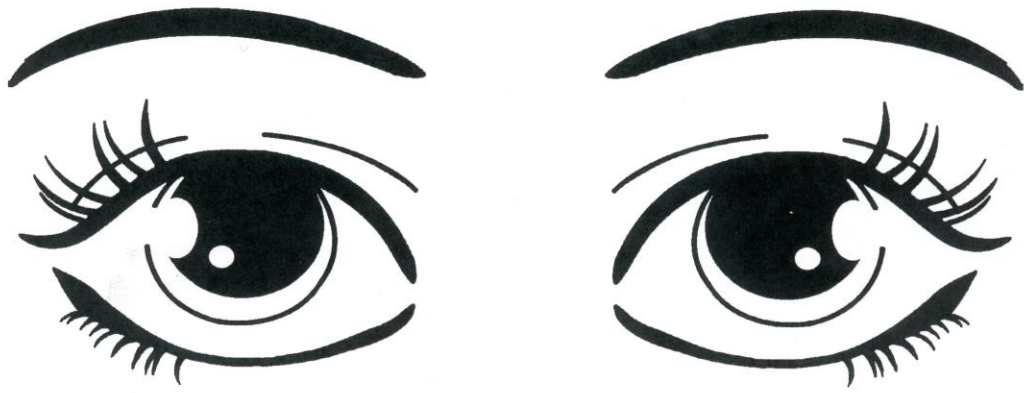
**Allow some time for the responses and affirm very single response they give, then**

**Say:** God speaks and acts through us, all of us. God has acted and spoken through your parents and others to invite you along this journey. You are special to God and God wants you for Himself. We the church, are the Body of Christ acting and speaking for God and bringing others to God.

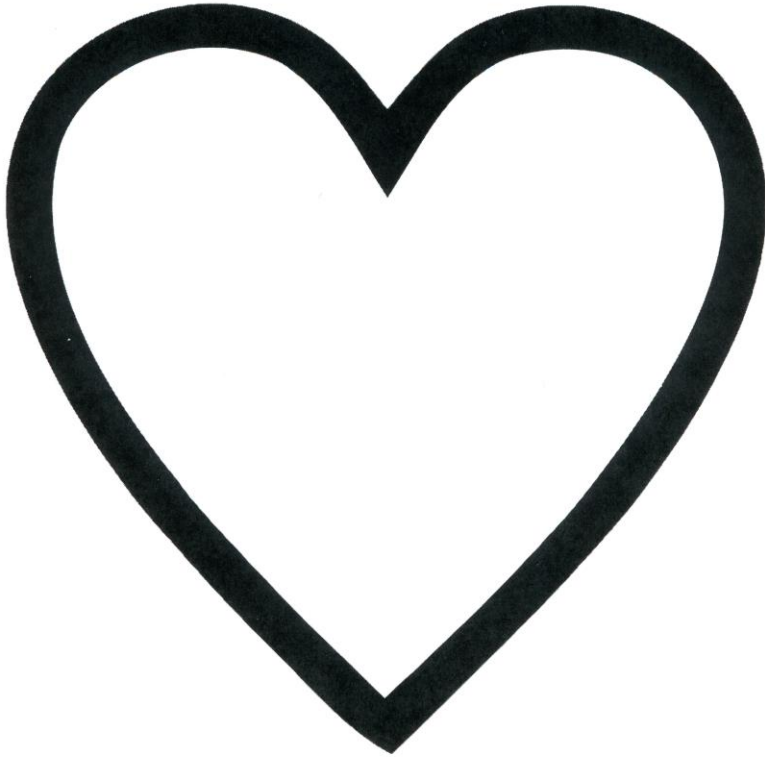
So what are the things that you will need to pack to begin this journey? Using the signs you made display each one and share how these things are needed for the journey. Invite the students to add their suggestions.

**Invite the students to write a prayer promising to the classmates and to God regarding how their will do their best to come prepared each session for learning about and growing in Jesus Christ.**

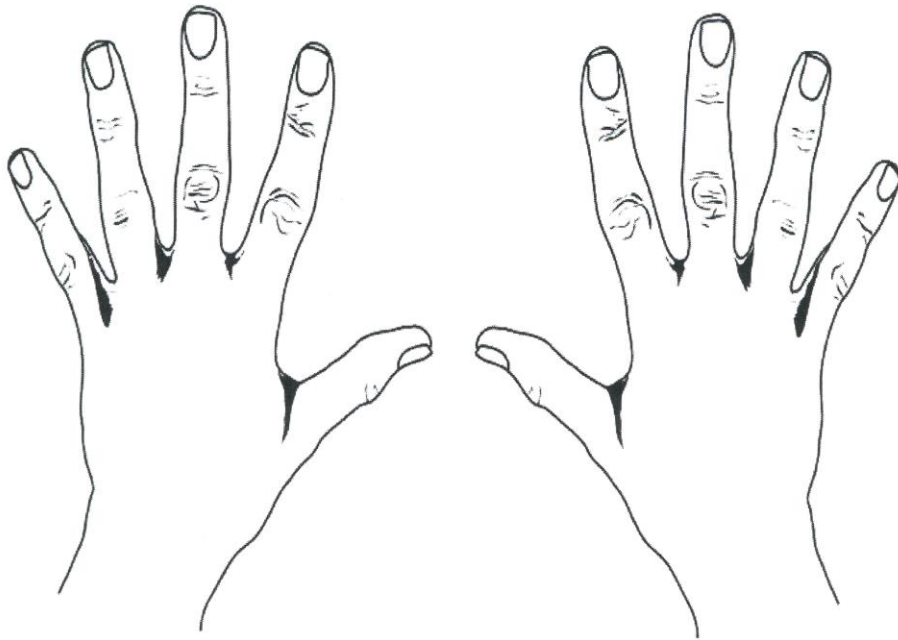
**Optional:** Close this activity with a prayer or let each student read their prayer as a way to have everyone witness the commitment.



**Eyes Alert and focus**



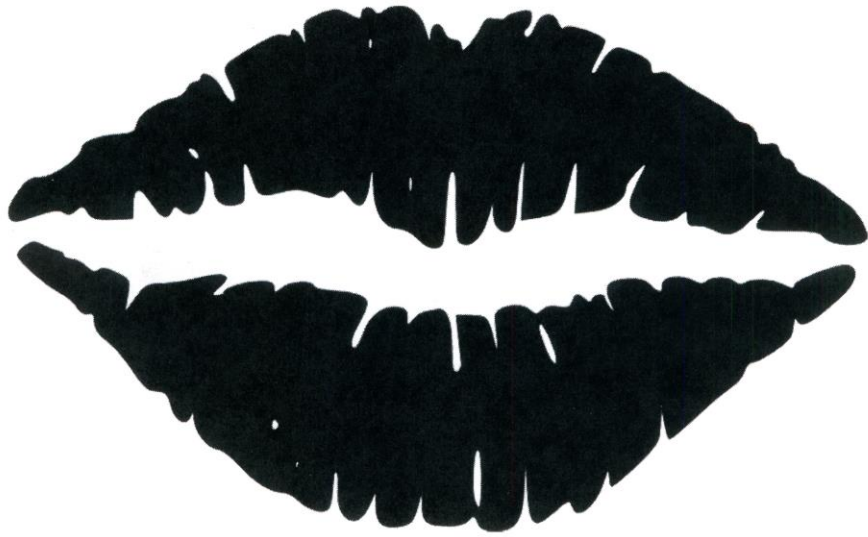
**A Heart open and ready to receive and give**



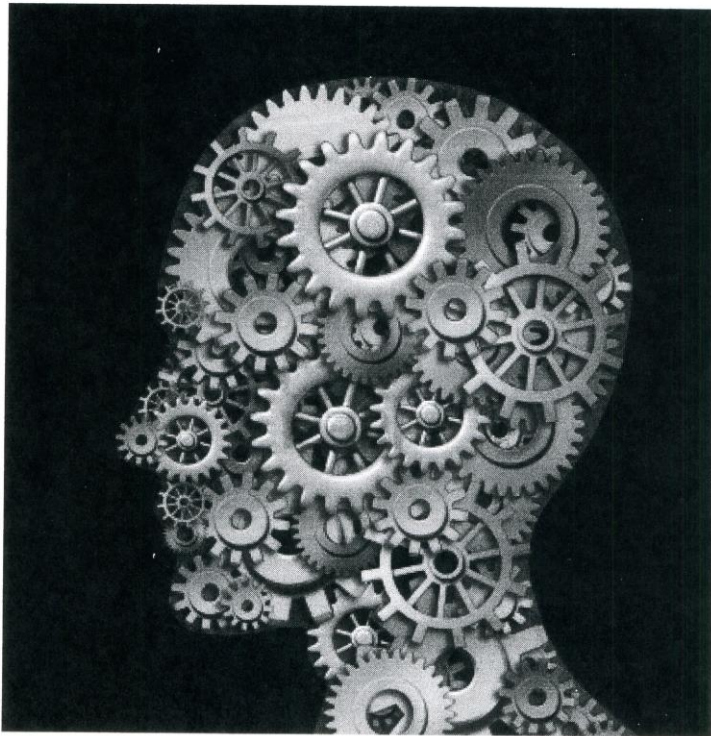
**Hands for praying, healing, and keeping on task**



**Listening ears**



**Mouth for speaking, sharing, and giving affirmations to classmates**



**A Brain that is well rested and ready to learn.  
Good memory to memorize the prayers.**