

	Session 1 Water and Spirit	Session 2 Gifts of the Holy Spirit	Session 3 Sealed with the Spirit	Session 4 Spirit of Truth
Session Outcomes	<p><b>Informing the Mind</b></p> <ul style="list-style-type: none"> <li>Understand that Jesus promised to send the Holy Spirit to guide the Church and make her holy</li> <li>Recognize that the power of the Holy Spirit unites all members of the Church through one faith and one Baptism</li> <li>Realize that Confirmation is a Sacrament of Initiation in which a person is sealed with the Holy Spirit and strengthened for a life of discipleship</li> </ul> <p><b>Forming the Heart</b></p> <ul style="list-style-type: none"> <li>Develop a deepening awareness that the Holy Spirit, who first came to us in Baptism, is our helper and guide</li> <li>Appreciate that the Holy Spirit urges us to worship and serve God in our parish community, which connects us to the whole (universal) Catholic Church</li> <li>Discover that Confirmation is our own Pentecost—when we personally receive an outpouring of the Holy Spirit</li> </ul>	<p><b>Informing the Mind</b></p> <ul style="list-style-type: none"> <li>Connect calling upon the Holy Spirit during Sacraments to the laying on of hands</li> <li>Recognize the seven Gifts of the Holy Spirit</li> <li>Describe the biblical image of wind as a symbol of the Holy Spirit</li> </ul> <p><b>Forming the Heart</b></p> <ul style="list-style-type: none"> <li>Identify and honor Jesus as the Lord of heaven and earth</li> <li>Appreciate how the Gifts of the Holy Spirit prepare us for discipleship</li> <li>Learn how to open our hearts to the voice of the Paraclete, the Holy Spirit</li> </ul>	<p><b>Informing the Mind</b></p> <ul style="list-style-type: none"> <li>Recognize that Sacred Chrism is the one of the primary symbols of the Sacrament of Confirmation</li> <li>Explain how Confirmation deepens the grace of Baptism</li> <li>Describe the anointing of priests, prophets, and kings as recorded in Sacred Scripture</li> </ul> <p><b>Forming the Heart</b></p> <ul style="list-style-type: none"> <li>Appreciate that the Holy Spirit helps us to know Jesus as our greatest teacher</li> <li>Grow in understanding that following God’s will bring the peace of Christ</li> <li>Become aware of the strength to live as disciples flows from the Holy Spirit in Confirmation</li> </ul>	<p><b>Informing the Mind</b></p> <ul style="list-style-type: none"> <li>Connect Jesus’ image of the vine and branches to the Fruits of the Holy Spirit</li> <li>Explore the connection between being a disciple and a witness</li> <li>Learn that when celebrating Confirmation, the last part of Mass includes a special blessing</li> <li>Identify the dove as a symbol for the Holy Spirit</li> </ul> <p><b>Forming the Heart</b></p> <ul style="list-style-type: none"> <li>Understand that witnesses for Christ first know Christ alive in their hearts</li> <li>Develop the desire to be a faithful witness of the faith</li> <li>Appreciate the role of the sponsor in Confirmation</li> <li>Recognize that Jesus’ Resurrection makes him Lord over sin and death</li> </ul>
Scripture	Jesus’ Prayer for Unit John 17:20–21; The Coming of the Spirit Acts of the Apostles 2:1–4	The Annunciation Luke 1:34–36; Unity and Variety 1 Corinthians 12:4–6	The Way, the Truth, and the Life John 14:4–7; The Priestly Anointing Exodus 28:1–2, 41	Spirit of the Lord Luke 4:16–19; The Ascension Acts of the Apostles 1:8–9
Catechism References	732, 772–773, 796, 1267, 1285–1289, 1298	683–684, 691, 1241, 1287–1289, 1296, 1303, 1831	1241, 1289, 1291, 1297–1301, 1312–1314	535, 641, 1321, 1832, 2599
Meet Jesus	Jesus the Bridegroom	Jesus Is Lord	Jesus the Teacher	The Risen Christ
Rite Focus	Renewal of Baptismal Promises	Gifts of the Holy Spirit	Anointing with Chrism	Prayer Over the People
Catholic Signs & Symbols	Baptismal Promises	Calling on the Holy Spirit	Sacred Chrism	Confirmation Sponsor