Session Planning

	What You Do	What You Need
Invite, 1	15 minutes	
Page 13	• The Annunciation (Luke 1:34–36), Reflect prayerfully on God's Word.	□ prayer table or candle
Page 14	 Activity Identify different types of gifts and write about a gift from God. 	□ pencils or pens□ markers and crayons
Discove	er, 40 minutes	
Page 15	 Catholic Signs & Symbols Talk about how we can call on the Holy Spirit because Jesus promised to send the Third Person of the Holy Trinity to his Apostles and to us. Meet Jesus Explain that we call Jesus Lord because his is God. 	□ pencils or pens
Pages 16–17	 Discuss how our Lord Jesus gave us a gift so great that we would not trade it for the world. Examine the gift of friendship. Unity and Variety (1 Corinthians 12:4–6), Proclaim the scripture passage about the variety gifts that work to unite us. 	□ pencils or pens
	• Discuss spiritual gifts that help us to know and love God.	
	• Activity Unscramble the spiritual gifts.	
	• Entering the Mystery Point out that although we cannot see the Holy Spirit we can witness what happens when the Holy Spirit is working in our hearts.	
Pages 18–19	 Talk about how the Holy Spirit is the Paraclete that unites us with Jesus by giving us gifts to live as a disciple. 	☐ chalk or markers☐ whiteboard or newsprint
	Discuss the Laying on of Hands that takes place during the Sacrament of Confirmation.	□ pencils or pens□ crayons
	 Explore the seven Gifts of the Holy Spirit. Point out that the Book of Isaiah describes the coming of a king who would be the Messiah, meaning the <i>Anointed One</i>. 	
	 Define the word candidate as someone preparing to receive the Sacrament of Confirmation. 	
Page 20	 Explore what it means to have the hearat of a disciple. Activity Match pictures that show different actions or scenarios with their particular Gift of the Holy Spirit. 	☐ Gifts of the Holy Spirit stickers (provided in Child Book)
Live, 15	minutes	
Pages 21–22	Reflect on the practice of listening to the Holy Spirit as he opens our hearts to Jesus.	□ pencils and pens□ prayer table with holy water in
	 Activity Color a puzzle with a hidden message to reveal what Saint Benedict taught. 	bowl, a cross or crucifix, a Bible and a candle
į	Point out the My Family in Our Parish activities for the upcoming week.	copies of Session 2 Family + Faith Pages
	 Conclude with the closing prayer and ritual. 	