

Session Planning

What You Do

What You Need



Invite, 15 minutes

Page 23 • **The Way, the Truth, and the Life** (John 14:4–7), Reflect prayerfully on God’s Word.

- prayer table with a candle
- glass container, olive oil
- fragrance pot with lid
- whiteboard or newsprint

Page 24 • **Activity** Identify different ways that people use oil in their daily lives.

- pencils or pens
- Activity stickers (in Child Book)



Discover, 40 minutes

Page 25 • **Catholic Signs & Symbols** Point out that Sacred Chrism is a perfumed oil used during Baptism, Confirmation, and Holy Orders.
 • **Meet Jesus** Explain that Jesus is the best teacher ever because he is the Son of God.

- whiteboard or newsprint

Pages 26–27 • Discuss the ways that we use oil and how that connects with the Old Testament stories about rulers and kings.
 • **The Priestly Anointing** (Exodus 28:1–2, 41), Proclaim the scripture when Moses brother and his sons were anointed as priests.
 • Explore the roles of anointed leaders as priests, kings, and prophets.
 • **Activity** Connect the dots to reveal one common trait of priests, prophets, and kings.
 • **Entering the Mystery** Explore the meanings of the word *seal*.

- pencils or pens
- whiteboard or newsprint

Pages 28–29 • Connect the roles of priest, prophet, and king to the life of Jesus and his anointing as the Messiah.
 • Discuss how the anointed disciples of Jesus share in his roles of priest, prophet, and king.
 • **Activity** What might Jesus be saying in each situation.


- pencils or pens
- piece of paper with a picture of Jesus

Page 30 • Explain the Holy Spirit’s role in helping us to understand and believe what Jesus taught.
 • **Activity** Follow the instructions to find a message about Jesus.

- pencils and pens



Live, 15 minutes

Pages 31–32 • Summarize what a disciple does in sharing Jesus’ life as a priest, prophet, and king.
 • **Activity** Examine each picture and imagine what you would say or do if you there.
 Point out the **My Family in Our Parish** activities for the upcoming week.
 • Conclude with the closing prayer and ritual.

- pencils and pens
- prayer table with holy water, a cross, a Bible, and a candle
- three large cards with the words *Priest, Prophet, or King* written on each.

 copies of Session 3 **Family + Faith Pages**

Catholic Faith Words Sacred Chrism • anointing • seal • advocate • peace