

Session Planning

What You Do

What You Need



Invite, 15 minutes

- Page 19
- **Remission of Sin** (Psalm 32:1, 5, 10–11), Reflect prayerfully on God's Word.
 - ▶ Show Opening Video 2.

video on [sacraments.osv.com](https://www.sacraments.osv.com)

- Page 20
- Explain some of the different kinds of burdens in our lives.
 - **Activity** Choose symbols associated with feelings about carrying or not carrying burdens.

- pencils or pens
- photographs of people carrying burdens



Discover, 40 minutes

- Page 21
- **Catholic Signs & Symbols** Introduce the crucifix as a special sign of Jesus' sacrifice and love.
 - **Meet Jesus** Introduce Jesus as "the Way" who shows us how to live and leads us to eternal life.

- crucifix

- Pages 22–23
- Talk about how Jesus showed the disciples how to serve.
 - **The Washing of the Disciples' Feet** (John 13:4–5, 12–15), Proclaim the scripture passage.
 - Have the children look at the photo of Pope Francis and compare it to the image of Jesus washing the disciples' feet.
 - Discuss the reactions of the disciples to Jesus washing their feet.
 - **Activity** Circle pictures that show how we follow Jesus' example.
 - **Entering the Mystery** Discuss Sunday as the Lord's Day and how we gather for Mass and with our own families.

- pencils or pens

- Pages 24–25
- Discuss how the Holy Spirit gathers us in the Introductory Rites.
 - **Activity** Name people involved in the Introductory Rites procession at Mass, and identify their roles.
 - Name the parts of the Introductory Rites.
 - Discuss the specific parts of the Penitential Act and the *Gloria*.

- pencils or pens
- board or chart paper

- Page 26
- Talk about how the assembly asks for forgiveness together.
 - **Activity** Point out words linked to sin and other words that show we are following "the Way" and praising God.

- pencils or pens



Live, 15 minutes

- Pages 27–28
- Reflect on how Jesus taught about God's mercy and the gift of his forgiveness, and how we can trust and love the way Jesus did.
 - **Activity** Identify people whom you need to ask for forgiveness and ways that you can serve others.
 - ▶ Point out the **My Family in Our Parish** activities for the upcoming week.
 - Conclude with the closing prayer and ritual.

- pencils or pens
- crucifix
- ▶ copies of Session 2 **Family + Faith Pages**

Catholic Faith Words crucifix • assembly • Penitential Act