

# Session Planning

## What You Do

## What You Need



### Invite, 15 minutes

- Page 29
- **The Great Commandment** (Deuteronomy 6:4–7), Reflect prayerfully on God’s Word.
  - ▶ Show Opening Video 3.

video on [sacraments.osv.com](https://www.sacraments.osv.com)

- Page 30
- **Activity** Practice listening for 30 seconds. Then have volunteers demonstrate being a good listener.
  - **Activity** Use pictures and words to show how to be a good listener.

- timer
- pencils and crayons/markers



### Discover, 40 minutes

- Page 31
- **Catholic Signs & Symbols** Discuss the Book of Gospels, its content, and why we honor it.
  - **Meet Jesus** Introduce Jesus as the Word of God, sent by the Father to know him and his plan for us.

- Pages 32–33
- Talk about why people followed Jesus.
  - **The Feeding of the Five Thousand** (Mark 6:34–42), Proclaim the passage.
  - Discuss how Jesus took care of his followers’ bodies and souls.
  - Highlight that in the Mass we are fed by God’s Word from the Bible and by Jesus in Holy Communion.
  - **Activity** Complete the maze.
  - **Entering the Mystery** Discuss Christ’s presence in his Word and introduce the Liturgy of the Word as part of the Mass.

- five small loaves of bread
- pencils or pens

- Pages 34–35
- Present the parts of the Liturgy of the Word.
  - Review the parts of the Bible.
  - Emphasize that God speaks to us in his Word.
  - Practice responses to readings and gestures before the Gospel.
  - Discuss the connection between the Profession of Faith and our relationship to the Trinity.

- Bible

- Page 36
- **Activity** Write and offer prayers modeled on the Prayer of the Faithful.

- pencils or pens
- copies of a picture of the Pope



### Live, 15 minutes

- Pages 37–38
- Reflect on the importance of listening to those who love and care for us.
  - **Activity** Tell or show how to listen to Jesus and follow his teachings.
  - ▶ Point out the **My Family in Our Parish** activities for the upcoming week.
  - Conclude with the closing prayer and ritual.

- pencils and crayons/markers
- tablecloth, Bible, a cross, candle
- ▶ copies of Session 3 **Family + Faith Pages**

**Catholic Faith Words** Book of Gospels • Liturgy of the Word • Bible • Sacred Scripture • creed • Prayer of the Faithful