

Session Planning

What You Do

What You Need



Invite, 15 minutes

- Page 9
- **The All-knowing and Ever-present God** (Psalm 139:1–2, 13–14), Reflect prayerfully on God’s Word.
 - ▶ Show Opening Video 1.

video on [sacraments.osv.com](https://www.sacraments.osv.com)

- Page 10
- **Activity** Imagine something that would be fun to create, and then draw it.

- a large bag
- wood, blocks, baking ingredients, fabric, or other items that can be used to create
- crayons or markers



Discover, 40 minutes

- Page 11
- **Catholic Signs & Symbols** Explain the difference between “Church” and “church” and the importance of both in our lives.
 - **Meet Jesus** Introduce the Holy Trinity, one God in three Divine Persons—Father, Son, and Holy Spirit.

- photos of church buildings and the Church (Body of Christ)

- Pages 12–13
- Explain that God created each of us and that he has a purpose and a plan for us.
 - **The Creation of Man and Woman** (Genesis 2:7–8, 18, 21–23), Proclaim this passage.
 - Talk about what it means to be a part of the family of God.
 - Discuss how God wants humans to relate to the rest of his creation.
 - **Activity** Color in the activity and discuss why God created us.
 - **Entering the Mystery** Discuss the concept of the mystery of God and talk about God’s love for us.

- crayons or markers

- Pages 14–15
- Explain that Jesus is both God and man.
 - Talk about some of the qualities of Jesus.
 - **Activity** Write words to describe how Jesus shows his Father’s love.
 - Emphasize how God wants us to live.
 - Discuss qualities you see in someone who lets God’s light shine.
 - Describe the meaning of *free will* and what it means to *sin*.

- pencils or pens

- Page 16
- **Activity** Explain prayers of blessing and write prayers of blessing for people who need them.

- pencils or pens



Live, 15 minutes

- Pages 17–18
- Review that everyone is made in God’s image, therefore we need to show all people God’s love.
 - **Activity** Reflect on seeing God’s image in someone who is hard to get along with.
 - ▶ Point out the **My Family in Our Parish** activities for the upcoming week.
 - Conclude with the closing prayer and ritual.

- pencils or pens
- tablecloth, Bible, candle, picture or statue of a church
- ▶ copies of Session 1 **Family + Faith Pages**

Catholic Faith Words Church • Holy Trinity • mystery • free will • sin