

Session Planning

What You Do

What You Need



Invite, 15 minutes

- Page 59
- **Appearance to the Disciples** (John 20:20b–23), Reflect prayerfully on God's Word.
 - ▶ Show Opening Video 6.

video on [sacraments.osv.com](https://www.sacraments.osv.com)

- Page 60
- Discuss as a group how the Church is a community, and reflect on ways that the Church is a sign of God's love.



Discover, 40 minutes

- Page 61
- **Catholic Signs & Symbols** Talk about when and why we make the Sign of the Cross.
 - **Meet Jesus** Explain that the Church is the Body of Christ, and Jesus is the head of this Body.

- Pages 62–63
- Emphasize that Jesus is always present in the Sacraments.
 - **How Often Must We Forgive?** (Matthew 18:20–22), Proclaim this passage.
 - Talk about how Jesus teaches us that we must always be willing to forgive others.
 - Explain that forgiveness is a choice that we make to let our love be stronger than our anger.
 - **Activity** Use prompts to discuss ways to offer forgiveness.
 - **Entering the Mystery** Discuss how forgiving others brings peace to our lives.

pencils or pens

- Pages 64–65
- Explain that the Sacrament of Penance opens our heart to God's forgiveness and love.
 - Emphasize that during absolution, the priest is forgiving our sins in God's name.
 - Reflect on the meaning of the words in the Prayer of Absolution.
 - Discuss the joy that we feel about being in right relationship with God after we receive absolution.

- Page 66
- **Activity** Share how your parish celebrates the Sacrament of Penance, and put the steps of the Sacrament in order.

pencils or pens



Live, 15 minutes

- Pages 67–68
- Explain that we can bring peace to others by offering them forgiveness and love.
 - **Activity** Identify Works of Mercy that can be performed to help others.
 - ▶ Point out the **My Family in Our Parish** activities for the upcoming week.
 - Conclude with the closing prayer and ritual.

pencils or pens
 tablecloth, Bible, candle
 ▶ copies of Session 6 **Family + Faith Pages**

Catholic Faith Words Body of Christ • Prayer of Absolution